

DECEMBER 2017

Type Healthcare, Assisted Living, Independent Activities, etc., here.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>9:00 10 Worship Service Chapel 9:30 First Congregational UCC bus pick-up 1:00 Music Student Recital Chuck Wetzel Governor's Room 2:00 Coffee Time Countryside Dining Room 5:45 Whist/500 Cards (Resident Lead) Living Room</p> 	<p>9:00 11 Active Aging Wellness Class 10:00 Needle Work Gathering Living Room 10:30 Tri-Ominoes Living Room 10:30 Bible Study Activity Room 2:00 Entertainment by Terry Nelson with Coffee and Treats Activity Room 2:30 Brain Fitness Senator's Room 3:30 Gentle Moves Activity Room</p>	<p>9:00 12 Active Aging Wellness Class 10:00 Entertainment by Slewfoot Family Band Governor's Room 11:15 Bus Trip - Christmas Holiday Train Sign Up by Mailboxes 1:30 – 2:30 Gables Store 2:00 Coffee Time Fireside Dining Room 5:45</p> <p><u>POPCORN DAY</u></p> 	<p>9:00 13 Active Aging Wellness Class 10:00 Candy Cane Craft Activity Room 1:00 Zion Pre-School Christmas Program Governor's Room 2:00 Shopping Trip to Walgreens 2:00 Coffee Time Fireside Dining Room 3:30 Gentle Moves Activity Room 6:45 Christmas Bingo With St. Mary's Youth Activity Room</p> <p>CANDY CANE DAY (Dress in Red & White) Happy Birthday Karen!!!</p>	<p>9:00 14 Active Aging Wellness Class 10:30 Wii Bowling Activity Room 11:00-11:30 Health Clinic Nurses Office 1:30 Lavender and Lace Senator's Room 2:00 Coffee Time Fireside Dining Room 3:00 BINGO Activity Room 5:45 Fireside Card Club Whist/500 (Resident Lead) Fireside Dining Room</p> 	<p>9:00 15 Active Aging Wellness Class 9:45 Mind Games Wellness Class 10:30 Advent Worship Service Governor's Room 1:30 Tri-Ominoes Living Room 2:00 Coffee Time Fireside Dining Room 2:30 Afternoon Showing of A Christmas Carol Activity Room 5:45 Fireside Card Club Whist/500 (Resident Lead) Fireside Dining Room</p>	<p>10:30 16 Whist/500 Cards (Resident Lead) Countryside Dining Room 2:00 Coffee Time Fireside Dining Room 5:45 Fireside Card Club (Resident Lead) Fireside Dining Room</p> 

This Weeks Highlights...



Sunday, December 10th

- Music Recital – The students of music teacher Chuck Wetzel will be showcasing their musical talents followed by a time of fellowship with coffee and treats.

Monday, December 11th

- Enjoy coffee and an afternoon snack and listen to music by Terry Nelson!

Tuesday, October 12th

- Swing by the Activity Room Today for FRESH, HOT, popcorn --- 8 different kinds of shake on flavors to try!
- Do you need toiletries? Snacks? Or just want to do a bit of shopping? This morning come see what we have on the Gables Store cart for you.
- The Slewfoot Family Band is back this Christmas singing songs of the season. Join us in the Governor's Room today!
- **HOLIDAY TRAIN:** The Holiday Train makes stops in communities across the US and Canada, offering free concerts and seasonal festivities from a boxcar turned into a travelling stage. Here is your chance to see their stop in Alexandria! We will be taking the bus to the railroad crossing at 8th and Nokomis and enjoying hot chocolate while we watch the festivities from our warm bus. Don't worry about lunch – the main entrée of chicken strips will be waiting for you when we return to the Gables at 12:30.

Wednesday, December 13th

- **Candy Cane Day** – Be sure to wear red and white! Hear all about the history of candy canes and receive a treat from Pam during Wellness classes and make a candy cane reindeer this morning in the activity room.
- Be reminded of the true meaning of Christmas as the Zion pre-schoolers bless us with their Christmas Program.
- Do you love Bingo? Come and join us for a special evening edition of Christmas Bingo with the youth from St. Mary's!

Friday, October 13th

- **Afternoon Showing of *A Christmas Carol* Run Time 100 Minutes Rated PG**

Christmas elicits nothing more than "Bah, humbug!" from Ebenezer Scrooge, a miser whose sole pursuit of financial success has left him a bitter and lonely old man. But a Christmas Eve visit from the Ghosts of Christmas Past, Present and Future ultimately teaches him to open his heart to the spirit of Christmas and to the joys of friends and family. This 1984 version stars George C. Scott as Ebenezer Scrooge.