



# *Senior Lifestyles*

Your Home Layout Guide

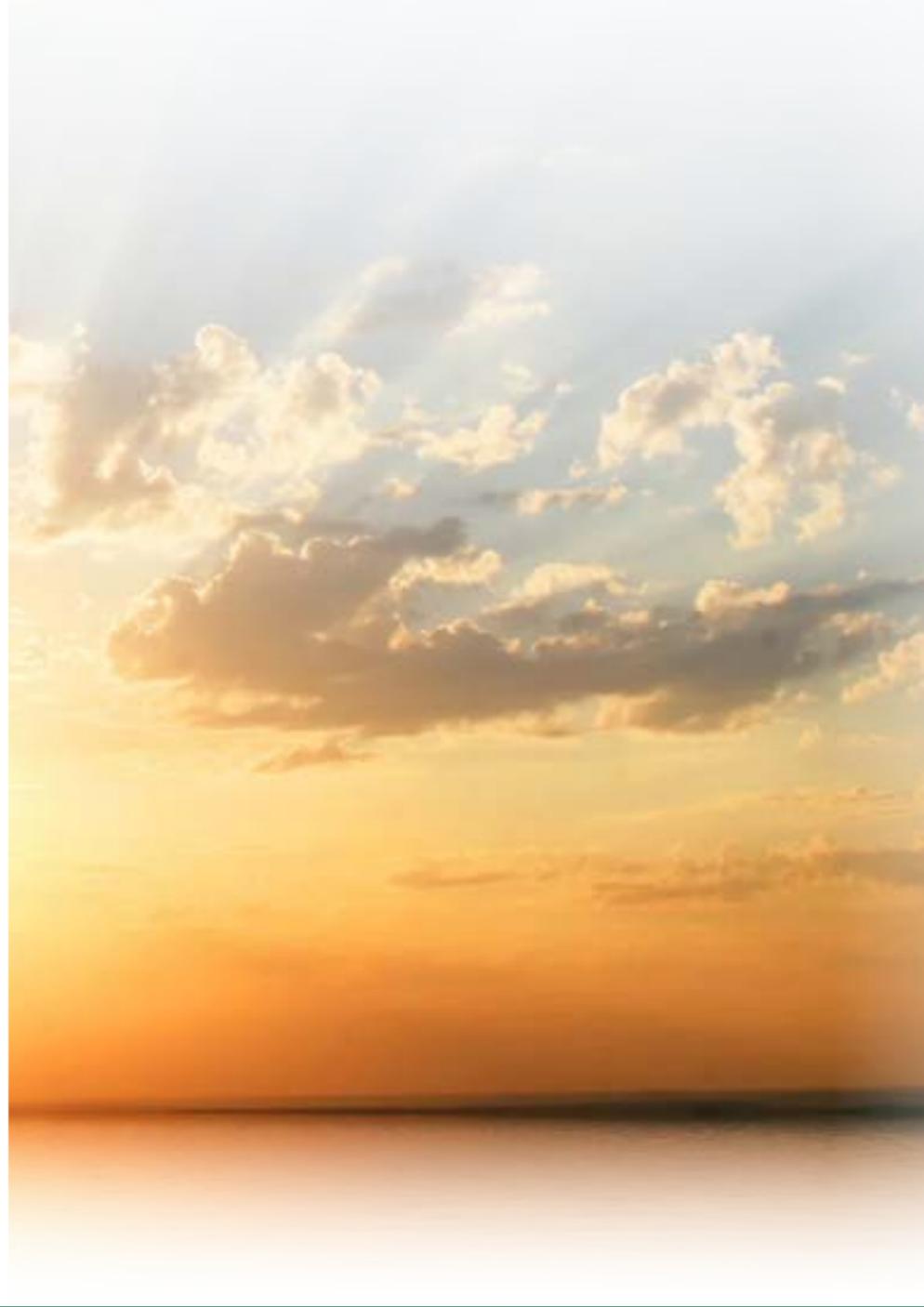


# Our Legacy

at KNUTE NELSON

Founded in 1948, Knute Nelson was established through a bequest by the late Senator and Governor of Minnesota, Knute Nelson (1843-1923), to provide care for older adults. Over the last 70+ years, the organization has dramatically expanded its services to fulfill their mission of 'enriching lives' and to expand the legacy of Knute Nelson.

Knute Nelson's strategic focus is maintaining a standard of excellence and developing innovative programs and services that enhance the quality of living for aging adults. Knute Nelson's strong reputation has been repeatedly demonstrated in their approach to identifying and providing solutions that empower those they serve.



## OUR COMMITMENT

Our goal at Knute Nelson is to provide you a family of services that allow continuity of care. We are committed to making your new lifestyle one that you will enjoy.

Family of Services include:

- Assisted Living
- Home Care
- Hospice
- Senior Apartments
- Long-term Care Center
- Memory Care
- Outpatient Therapy
- Respite
- Short-term Rehab
- Technology
- Wellness



## Our Mission

is to enrich the lives of everyone we serve.



# Gardens Memory Care Assisted Living at GRAND ARBOR

The Gardens household is specially designed to meet the health, nutritional, social, cognitive and spiritual needs of those living with dementia.

Services offered in the Gardens are resident driven, flexible, individualized and maximize the resident's independence, choice, privacy and dignity. We strive to honor the lives of our residents as they live with memory loss.

Our Gardens employees receive specialized training to best serve and enrich the lives of residents of the Gardens and their families.

Our holistic approach is centered on optimizing the strengths of each individual.



## AMENITIES

Our array of amenities are designed to make life easier for you. We want to ensure that you can spend more time enjoying the Grand Arbor community.

- Choice of studio apartment or companion suite
- Three daily meals plus snacks served in the family dining room
- Weekly light housekeeping and linen change
- Linen and personal laundry support
- Holistic wellness programming
- Spiritual care programming
- Controlled access
- Month-to-month residency agreement
- All utilities (heat, electric, central air conditioning, water, sewer and garbage)
- Basic cable TV and installation
- Local landline telephone
- Personal call pendant
- Priority access to other Knute Nelson care options based on availability
- Special programming and events
- 24-hour on-site staff assistance
- Tobacco-free community

### Other Conveniences\*

- Specialized therapy visits
- Assistance with arranging transportation to medical and social service appointments
- Assistance with accessing community resources and social services
- Additional home and personal care services available through Knute Nelson Home Care
- High speed internet access
- Guest meals
- Guest suites
- Additional housekeeping
- General store cart with personal products for purchase

\*Additional fees may apply.

### Community Attractions

General store  
Club lounge  
Bistro  
Pioneer Grill  
Library/Computer lab  
Salon  
Community Chapel  
Meditation Chapel  
Wellness Center with warm water pool  
Outpatient Therapy Center  
Activity room  
Guest suite  
Theatre

### Lifestyle Options:

Senior Apartments  
Assisted Living  
Enhanced Assisted Living  
Memory Care Assisted Living





## Azalea

Studio, 355 sq. ft



## Begonia

Studio, 394 sq. ft



Interaction, comfort, and routine all in one. Memory care quite simply can make the difference between the depression of an age-related condition and unbridled joy due to the highest quality of life possible. In a familiar environment, loved ones can rekindle the sweet memories of time past and look forward to the many opportunities still to come.



## Daffodil

One bedroom, 613 sq. ft



## Chestnut

Companion Suite, 603 sq. ft

